

Welcome to my latest list of free parenting courses offered by Natural Flair during the Autumn/Winter 2011 term. If you are unable to view the images or view the newsletter clearly please [click here](#)

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list.



See below for latest free workshops & courses. Email me NOW to secure your place...

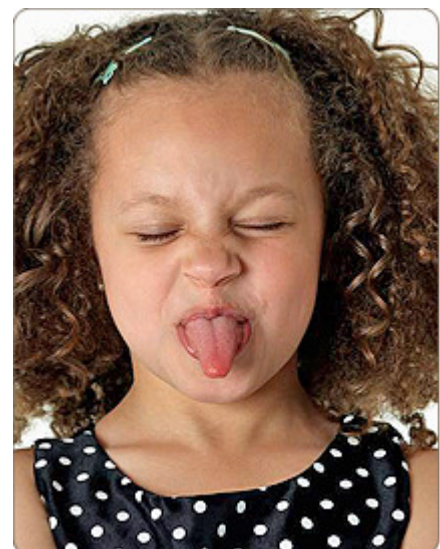
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New Free Parenting Courses & 1 to 1 Parent & Anger Management Coaching Offer

Welcome to my latest issue of the Natural Flair Parenting e-newsletter giving details of my courses and workshops available during the Autumn/Winter term of 2011. I am so pleased to advise that I have been able to secure funding to continue to offer you these courses free of charge. Please see below for full information of what is available next term. With the new academic year approaching these courses will be even more valuable to you. **Due to popular demand, I have 5 Managing Anger In The Family courses available this term.** These courses are extremely popular and effective so don't delay in reserving your place.

Another new development for this term is that I am pleased to announce from September parents or carers attending the 10 week Nurturing Programme can choose to take 6 credits that lead to Credit4Learning Accreditation at Level 1 or Level 2. OCN Credit4Learning is a national network of members and users that offers a high quality national accreditation service, and as far as we are aware Natural Flair are the only providers offering this opportunity to parents/carers currently in Hertfordshire. Contact me for more info. In my coaching [e-newsletter](#) sent last Summer I gave details of my new [facebook](#) page, this has proved to be very popular with you, and now many parents are benefitting from free coaching and parenting tips from me via face book, as well as enjoying feeding back on their progress and being the first to know when new courses and packages are launched. If you are a face book fan, just "like" us at facebook.com/natural-flair-life-and-parent-coaching, and share the buzz of our on-line community. You can also follow me on [Twitter](#) and [Linked-In](#)

Last term I launched my latest coaching package aimed at kids and adults who have difficulties with [anger management](#). This has again proved to be really popular, with many of you booking coaching with me to continue in your personal development journey. As with all my coaching, it is offered on a 1-1 basis in the comfort of your home or at a neutral venue if preferred, during the sessions I work with you to identify anger triggers and how to use anger management strategies to help control anger in a positive more constructive way. I work with adults on issues such as self esteem/confidence and goal setting. I also coach with families on issues that are getting in the way of living together harmoniously and also helping parents with boundary setting. If you are interested in coaching it is a great and invaluable investment of £70 per hour for face to face and £50 per hour for telephone coaching. I can also offer subscribers to my newsletter 6 sessions for the price of 5. So [email me NOW](#) for more information and to arrange your FREE no obligation 20 minute telephone consultation which will enable you to discuss how these sessions can help give valuable life skills to you and your kids, and solve the problems that are getting in the way of how you want your life to be.



In my coaching [e-newsletter](#) sent last Summer I gave details of my new [facebook](#) page, this has proved to be very popular with you, and now many parents are benefitting from free coaching and parenting tips from me via face book, as well as enjoying feeding back on their progress and being the first to know when new courses and packages are launched. If you are a face book fan, just "like" us at [facebook.com/natural flair life and parent coaching](https://facebook.com/naturalflairlifeandparentcoaching), and share the buzz of our on-line community. You can also follow me on [Twitter](#) and [Linked-In](#)

Finally, before you look at this term's workshops show below, visit my website www.natural-flair.co.uk to view a full range of free anger management resources and helpful on-line parenting videos via my link to www.parentchannel.uk

So until next time - to quote Robert Fulgham *"Don't worry that your children never listen to you - worry that they are always watching you"* Have a look at the workshops below, and I hope to see you soon either on facebook or at one of my workshops. Take care,

Sharon x